

# July/August

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>23 Mandatory Practice begins 9:00 am-10:45 am</p>	<p>24 Practice at Buttermilk Falls 9:00 am-10:45 am</p>	<p>25 Practice at Buttermilk Falls 9:00 am-10:45 am</p> <p>HS runners can pay fees, get schedule, and Chromebook at 11:00am. A Parent must be present.</p>	<p>26 Practice at Buttermilk Falls 9:00 am-10:45 am</p>	<p>27 Practice at Buttermilk Falls 9:00 am-10:45 am</p>
<p>30 Choice Day 1</p> <p>Practice at Buttermilk from 7:00 am-8:00 am or 7:00 pm-8:00 pm. Choose 1 practice to attend.</p>	<p>31 Practice at Buttermilk Falls 9:00 am-10:45 am</p>	<p>1 Choice Day 2</p> <p>Practice at Buttermilk from 7:00 am-8:00 am or 7:00 pm-8:00 pm. Choose 1 practice to attend.</p>	<p>2 Practice at Buttermilk Falls 9:00 am-10:45 am</p>	<p>3 No morning practice. Time Trial and Parent Meeting at MCHS track at 8:30 pm. Parent meeting followed by time trial. Food will be served after the time trial.</p>
<p>6 No Practice</p>	<p>7 No Practice</p>	<p>8 First Day of School</p> <p>Practice from 3:20-5:15</p>	<p>9 No Practice</p> <p>Practice Meet. Meet at BBTEL at 6:00 pm, races begin at 7:00 pm.</p>	<p>10 Practice from 3:20-5:15</p>
<p>13 Morning Practice for juniors and seniors at 7:00 am at Track</p> <p>Practice from 3:20-5:15</p>	<p>14 Practice from 3:20-5:15</p>	<p>15 Morning Practice for juniors and seniors at 7:00 am at Track</p> <p>Practice from 3:20-5:15</p>	<p>16 Practice from 3:20-5:15</p>	<p>17 Practice from 3:20-5:15</p>