

**Itinerary for GRC Heavy Metal Invitational
April 8, 2017**

Event 1: HS Girls 4x800 Meter Relay

2:39.2 2:44.4 2:44.7 3:02.6 11:11.46

1) Sarah Hall 2) Elizabeth Shannon 3) Hanna Von Plueren 4) Isabella Sullivan

Event 2: HS Boys 4x800 Meter Relay

2:10.5 2:11.2 2:03.5 2:13.2 8:38.95

1) Joseph Lasley 2) Noah Schwartz 3) Logan Greco 4) Levi Butler

Event 3: HS Girls 100 Meter Hurdles

- Emily Snow 20.42

- Shelbie Williams 17.26

Event 5: HS Girls 100 Meter Dash

- Savannah Beasley 14.68

- Madison Hebert 15.24

Event 6: HS Boys 100 Meter Dash

- Nate Clarkson 12.75

- Dalton Bruce 11.67

Event 9: HS Girls 1,600 Meter Run

- Zoe Wilson 6:16.48

Event 10: HS Boys 1,600 Meter Run

- Ryan Butler 5:13.19

- Brennan Flake 5:07.67

Event 11: HS Girls 4x100 Meter Relay

13.2 16.5 17.6 12.6 1:00.41

1) Daejah Griffen 2) Brandie Madden 3) Aleah Maddox 4) Katie Hagan

Event 12: HS Boys 4x100 Meter Relay

11.5 12.3 14.3 13.8 52.27

1) David Allen 2) Jake Carman 3) Gavin Aumock 4) David Clark

Event 14: HS Boys 4x100 Meter Throwers Relay

13.3 14.4 13.6 14.8 56.19

1) Kristopher Robinson 2) Brent Spink 3) Brett Higgins 4) Dalton Penick

Event 15: HS Girls 400 Meter Dash

- Brandie Madden 1:09.18

Event 16: HS Boys 400 Meter Dash

- Nathan Wood 57.89

- Hunter Williams 59.27

Event 17: HS Girls 300 Meter Hurdles

- Emily Snow 1:01.67

- Shelbie Williams 49.45

Event 18: HS Boys 300 Meter Hurdles

- Kristopher Robinson 49.50

- Andrew Holland 51.99

Event 19: HS Girls 800 Meter Run

- Nadia Underwood 2:51.48

Event 20: HS Boys 800 Meter Run

- Stephen Knott 2:13.66

- Aaron Ray 2:36.98

Event 21: HS Girls 200 Meter Dash

- Emily Clark 33.76

- Aaliyah Coghill 34.49

Event 22: HS Boys 200 Meter Dash

- Matthew Wood 25.51

- Zachary Clarkson 24.83

Event 23: HS Girls 3,200 Meter Run

- Elizabeth Shannon 12:38.00

- Ellie Bruner 12:54.23

Event 24: HS Boys 3,200 Meter Run

- Logan Greco 9:59.47

- Jake Bradley 10:35.13

Event 25: HS Girls 4x400 Meter Relay

1:03.7 1:09.3 1:08.2 1:11.7 4:30.00

1) Shelbie Williams 2) Sarah Hall 3) Hanna Von Plueren
4) Jenna Shereyk**Event 26: HS Boys 4x400 Meter Relay**

52.0 53.3 55.0 56.3 3:37.32

1) Dalton Bruce 2) Joseph Lasley 3) Matthew Wood 4)
Nathan Wood**Event 27: HS Girls 3,000 Meter Steeplechase**

- Emily Snow 9:55.21

Event 28: HS Boys 3,000 Meter Steeplechase

Daniel Foushee 8:12.11

HS Girls Long Jump

- Emily Clark 11-05

HS Boys Long Jump

- Donovan Matthews 16-05

- Andrew Holland 15-9.5

HS Boys Triple Jump

- Donovan Matthews 33-0

- Dalton Bruce 37-8

HS Girls Shot Put

- Makenna Gonsalves 23-3.5

HS Boys Shot Put

- Brett Higgins 27-6.75

- Brent Spink 22-3.5

HS Girls Discus

- Makenna Gonsalves 69-06

HS Boys Discus

- Dalton Penick 69-07

- Kristopher Robinson 103-7

HS Girls Turbo Javelin

- Sarah Hall 59-0

- Makenna Gonsalves 47-07

HS Boys Turbo Javelin

- Kristopher Robinson 63-06

- Hunter Williams 60-0