

# YOUTH RUNNERS NEEDED FOR RESEARCH STUDY

Purpose: We are investigating the relationship between sport specialization, injury history, and quality of life measures in youth runners.

## PARTICIPANT REQUIREMENTS:

- Between the ages of 9-17
- Kids who run including:
  - School/club cross country or track and field
  - Road races (1 mile, 5k, 10k runs)
  - Recreational running



## WHAT TO EXPECT:

- Online questionnaires (approximately 30 minutes to complete).

## Questions? Please contact:

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Scan below to see  
if you/your child is  
eligible!



<http://bit.ly/UToledoRunQoL>

